



**PAC-02011151**

Seat No. \_\_\_\_\_

**Third Year (Basic) B. Sc. (Nursing) Examination**

**August - 2018**

**Mental Health Nursing**

Time : 3 Hours]

[Total Marks : 75

**Instructions :**

1. Figure on right indicates full marks.
2. Draw neat and clean diagram wherever necessary
3. Write section I and section II in separate answer books.

**SECTION – I (38 Marks)**

- 1 long essay : (Any one) **2+5+8=15**

Vivek, a 30 year old man got admitted in a rehabilitation centre following some withdrawal symptoms. He is diagnosed to have Alcohol dependence syndrome (ADS). On the basis of above information answer the following :

- 1) Define Alcohol Dependence syndrome.
- 2) Explain the alcohol withdrawal symptoms.
- 3) Explain the treatment measures for ADS.

**OR**

- 1) Define Anorexia Nervosa.
- 2) Explain the etiology and Clinical features of anorexia nervosa.
- 3) Nursing management for a patient suffering from anorexia nervosa.

- 2 Short Essay : (Any 3) **3×5=15**

- 1) Levels of prevention in community psychiatry.
- 2) Define autism and explain its etiological factors.
- 3) Types of schizophrenia.
- 4) Techniques of behavior therapy.
- 5) National mental health programme.

- 3** Very short Essays : (Any 4) **4×2=8**
- 1) PTSD
  - 2) Action of Lithium carbonate.
  - 3) Insight scale.
  - 4) Extra pyramidal symptoms.
  - 5) Types of admission procedures according to Mental Health Act, 1987.
  - 6) MMSE

**SECTION – II (37 Marks)**

- 1** Long Essay : (Any **one**) **1×10=10**
- 1) Describe the communication techniques and explain the phases in therapeutic nurse patient relationship.
- OR**
- 1) List any 3 psychiatric emergencies and their management measures.
- 2** Short Essays : (Any **3**) **3×5=15**
- 1) Legal responsibilities of psychiatric nurse.
  - 2) Treatment modalities for dementia patients.
  - 3) Clinical features and predisposing factors of OCD.
  - 4) Comparison between the manic and depressive episodes of BPAD.
  - 5) Standards of psychiatry nursing.
- 3** Very short Essays : (All **Compulsory**) **2×6=12**
- 1) Institutionalization Vs Deinstitutionalization.
  - 2) Fetishism Vs Transvestism.
  - 3) Antisocial vs Dependent personality.
  - 4) Circumstantiality vs Tangentiality.
  - 5) Euphoria vs Anhedonia.
  - 6) Psychosis Vs Neurosis.